

gftreets™

gluten free donut 6's

handling instructions: **Microwave: 10 seconds or until just heated through. Baking: Preheat oven to 180C fanbake. Bake for 8 minutes or until heated through. Frying: 2 minutes at 180C from frozen.**

storage instructions: Keep frozen. Store below minus 18°C. Once thawed, do not refreeze.

ingredients: Gluten Free Flour [rice, potato, tapioca], Milk, Sugar, Animal Fat (contains antioxidant (320), acidity regulator (330)), Water, Vegetable Oil, Egg Powder, Raising Agent (500,450), Salt, Stabiliser (415).

average nutritional information:

Servings Per Package: 6 Serving Size: 50g

	Per Serve	Per 100g
Energy	835kJ	1669kJ
Protein	2.3g	4.7g
- gluten	0g	0g
Fat, total	10.4g	20.8g
- saturated	3.6g	7.1g
Carbohydrate	24.1g	48.2g
- sugars	7g	14g
Sodium	256mg	512mg

allergen information: Contains dairy products and egg

**Proudly manufactured by Golden Goose Foods Ltd,
33c Connal Street, Christchurch. For comments or enquiries
phone 03 3844039 or email enquiries@gftreets.co.nz**

